

## The Rebus Ramblers Group of Gulf Harbour

Would you enjoy a walk and the opportunity to chat and get to know other like - minded people better? We intend to meet every Monday at 9.00am for a walk of between one and two hours. The walks are easy at a slow pace and then we finish up with a cup of coffee.

Good healthy exercise which does not cost a cent! It's quite social with a lot of discussions around topics of the day, so if you think you may like to give it a try, let's have your email address and you'll get a notification each week detailing the next walk



Peter Odendaal is the Rambler's leader and he can be contacted on 09 424 7759, mob 021 02566 903 or by email: peterodendaal@xtra.co.nz